

# GLENROTHES AND NORTH EAST FIFE COMMUNITY HEALTH PARTNERSHIP



## NOTE OF MEETING OF LOCAL MENTAL HEALTH PARTNERSHIP FORUM HELD IN THE BOARD ROOM, STRATHEDEN HOSPITAL ON 12<sup>TH</sup> APRIL, 2010

**Present:**

Carolyn Walker (Chair)	Allison Duthie
Ann Little	John Dow
Norma Clark	Sharon Rodger
May McDonald	Kate Thomson
Elaine Fox	Neil Harrington

**In Attendance:** Kathleen Linton

		Action
1.	<b>APOLOGIES</b> were received from Jan Martin, Alasdair Gray, Mairi Fee and Marjory Sprunt.	
2.	<b>NOTE OF MEETING HELD ON</b> 1st February was passed as a true record.	
3.	<b>MATTERS ARISING</b>	
3.1	<b>GP Representation</b> Due to efficiency savings, the planned evening events to encourage GP representation have had to be cancelled. SR and AG are planning to do something in this regard for Glenrothes GPs at the forthcoming PLT session on 16 <sup>th</sup> June and CW agreed to send a template of the workshop. There is also a 15 minute slot at the Practice Managers' Meeting in September which could be used to share the work of the LMHP. CW will send communication via Ann Jackson at the Primary Care Support Unit.	CW  CW
3.2	<b>Living In Fife Resource</b> CW said that a Project Manager has been recruited on a six-month contract. There is a Project Group meeting on 26 <sup>th</sup> April, which NC will attend.	
3.3	<b>Self-Help Coach</b> CW informed the group that Link Living had been chosen as the successful agency and that the next stage would be recruitment and drawing up a service level agreement. CW said it would be late autumn before an appointment was made and that AS had offered to help with recruitment and the drawing up of the service level agreement. Link Living is funded by Fife Council and CW said that she had been in touch with Fiona Mackay and will be meeting with her at some point in the future. CW will be arranging the first meeting with the Project Manager and Elaine Fox indicated that she would like to be involved in this.	CW

	<p>CW said the standard of bids had been high, which made the final decision very difficult. CW will forward scoring sheets if anyone would like to see them.</p> <p>CW stressed that we should be mindful of timescales and funding.</p> <p>CW said that it had been almost a year since Link Living started the Befriending Project and that a report from them would be useful.</p> <p><b>3.4 Action Planning</b></p> <p>Regarding HEAT Target 1 (reduce rate of anti-depressants): CW said that the Self-Help Coach post would be piloted for one year and then reviewed but that we needed to add timescales.</p> <p>Regarding HEAT Target 2 (reduce suicides): it was agreed that we need to progress collaborative working with Addiction Services. CW suggested a meeting with Angela Swift, and MM said that Ingrid Pitt was keen to do work on this. EF said that some patients are unable to access detox services. SR suggested that clinical staff need to meet more regularly.</p> <p>Re: early diagnosis and management of patients with dementia, AL said that she had been speaking to people to raise awareness of this.</p> <p>KT said that funding had been identified for the Nursing Home Liaison post in NE Fife. This needs to be added to the action plan.</p> <p>KL will forward the Action Plan to members again so that it can be signed off. Group members to fill in relevant information.</p> <p>Regarding greater service user involvement in LMHP/consultation, CW said she had attended the Mental Health SIG development meeting last week. EF said that the Mental Health Collaborative has user involvement and it may be useful to contact someone from there. She added that she was meeting with Beth Sparling soon and would mention it to her and feed back to the partnership at the next meeting. CW mentioned that Beth Sparling is retiring soon and that from 26<sup>th</sup> May, Mike Kelly will be the Programme Manager for the collaborative.</p> <p>CW said that she was still trying to track down a Social Work representative. She had spoken to Sheena Robertson, who had expressed an interest in attending meetings. CW will contact Sheena.</p>	<p>KL ALL</p> <p>EF</p> <p>CW</p>
<p><b>4.</b></p>	<p><b>Alert Card</b></p> <p>AD enquired how this could be rolled out Fife-wide, as Dunfermline and West Fife CHP were interested in being involved in this. She also said that the police are keen for the card to be available throughout Scotland. AD said that the process is there, but we need someone to take responsibility for targeting the right people. She also felt that funding could be an issue. EF suggested taking it to the SIG and suggested that approximately £1,000 for set-up and printing costs would be required. CW agreed that this was a good idea. CW asked AD how the NSF felt about this and AD replied that she is meeting with</p>	

	<p>them next week and would update the partnership after this meeting. She said she felt that the NSF was happy to hand the project over to the NHS.</p> <p><b>5. Anticipatory Care</b>  CW spoke about the Keep Well Project Proposal, details of which had been circulated to the partnership. Keep Well is a national project by the government based around cardiovascular HEAT targets for people aged 45-64.</p> <p>NH said that academics at Stirling University had led much of the research around anxiety and depression screening as part of Keep Well and it was largely a medical model pushed into a psychological model in terms of stress.</p> <p>Funding would not be required from the LMHP but would come from the Keep well project budget. CW agreed with the Keep Well project manager that she would bring the proposal to the partnership to look at and get their views. It was felt that this may not be the best approach and that there were issues around timescales. Any additional feedback to CW</p> <p><b>6. A.O.C.B.</b>  JD mentioned the Consultation on Draft Social Care Procurement Scotland guidance issued by the Scottish Procurement Directorate, which details how services are delivered. This is available at <a href="mailto:socialcareprocurement@scotland.gsi.gov.uk">socialcareprocurement@scotland.gsi.gov.uk</a>.</p> <p>CW said that Peer Support Fife had forwarded details of a mental health service user/carer involvement event in Cupar on 14 May led by Mary O'Hagan, New Zealand Recovery Consultant.</p> <p>A mental health collaborative Dementia Network event is being held on 24 June at the Scottish Health Services Centre in Edinburgh.</p> <p>EF requested that Mental Health Week in October be added to the agenda for the next meeting.</p> <p><b>7. Date of Next Meeting</b>  The next meeting will be held on Monday, 7<sup>th</sup> June at 2 p.m. in the Board Room, Stratheden Hospital.</p>	<p><b>AD</b></p> <p><b>ALL</b></p>
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