



Hi,

My name is Susan Archibald, I am standing for Fife Health Board Elections because I want to put something back as when I became disabled over night I struggled to cope with my physical disability and also ended up with severe depression and it is thanks to the NHS staff at the most difficult time in my life that I am the person that I am today.

I found myself in a deep dark place I had never been before, one my lifelines was the Pain Clinic as only Dr Steve Gilbert seemed to understand fully my condition and made me feel a little better in myself and I had to learn all over again to walk again. I was in a wheelchair for nearly two years but eventually learned to walk again step by step, I joined the pain group and was soon sharing tips with other people who also suffered from chronic pain at first it is very difficult but over a period of time you learn what works for you and also how to cope with it, it also allowed me to help others cope and turn their lives around the way I had.

I have had a very busy and interesting life since then as you can see from my candidate statement and believe my disability has pushed me forward as I have done a lot more with my life since I became disabled than I ever done before. I had to learn about the law to take my own employers to court for disability discrimination; this was no easy task and took me over 5 yrs as I lost an Appeal, Tribunal, Court of Session before finally winning my case in the House of Lords which changed the UK Employment Laws for disabled workers under reasonable adjustments.

I am a very determined and committed female who will work hard for the Health board and can use my own personal experience of disability to help the NHS with accessibility and new ways of working, this will also allows me to turn my own negative experience to positive for others.

I am an International activist who has campaigned and worked hard to influence policies and strengthen new and existing equality laws.

I am self employed Disability Specialist/Speaker so can easily change my own working commitments to suit the Health Boards needs and all the roles on my candidate statement are voluntary.

I hope you support my application and give me your vote.

Thanks