

# KIRKCALDY & LEVENMOUTH CHP

## LOCAL MENTAL HEALTH PARTNERSHIP

**Date:** 27 February 2008

**Present:** Roslyn M Blair (Chair)  
Sharon Rodger, Acting CSM, NHS Fife  
Stuart Pryde, Fife Families Project  
Oonagh Williamson, Psychologist, NHS Fife  
Linda Gale (Minutes)

**Apologies:** Dr Judith Burgess, Psychiatrist, NHS Fife  
John Dow, The Today Group  
Ken Quinn, Senior Nurse, NHS Fife  
Vera Scotland, Carer Representative  
Christina Cooper, The Today Group

### 1. **Welcome & Apologies**

Roslyn welcomed everyone to the meeting and apologies were noted. The group wished John Dow a speedy recovery.

### 2. **Previous Minutes**

Passed as a true and accurate record.

### 3. **Matters Arising**

- 3.1 Item 4 on today's Agenda: The group have more money to allocate.
- 3.2 All signed contracts have now been received for the 8 bids already allocated funding. All invoices have now been received for the 8 bids. Roslyn will contact Brian Gilmour in the 2<sup>nd</sup> week of March to check that a request has been made for funding of the Psychology bids.
- 3.3 Roslyn has received no reply regarding the Local Improvement Targets for Mental Health. The last SIG meeting was cancelled and has yet to be re-scheduled.
- 3.4 Item 6.1 (previous minutes): John Dow has not yet submitted a paragraph regarding the Pathway Funding Document which he wanted to be raised at the next SIG meeting.  
**ACTION: Roslyn to pursue**
- 3.5 Item 6.2 (previous minutes): Roslyn suggested withholding the discussion on a replacement for Billy Moyes on the Mental Health SIG until the meeting on 12 March.

- 3.6 Following a meeting that Stuart Pryde attended, Diane Foster from Clued Up stated that she would be interested in being a Voluntary Sector Representative on the LMHP. A discussion followed on this. It had been agreed at the last MH SIG meeting that the current membership should stand. Should an existing voluntary sector rep. leave the group, then CVS Fife would be approached for a new representative.

#### 4. **Allocation of Funding**

- 4.1 A further £11,000 has become available via the Mental Health SIG Executive group. Cornerstone and DAPL were asked to re-submit bids tailored to £11,000 to be considered along side the remaining bid from Psychology Dept.
- 4.2 Child and Family Psychology – it was agreed that the original scoring should stand.
- 4.3 DAPL – a discussion took place regarding the original bid in comparison to the re-submitted bid. Scoring then took place.
- 4.4 Cornerstone Connexions. Scoring took place .
- 4.5 Cornerstone Connexions was the bid that scored the highest and it was unanimously agreed to fund this pilot project. Roslyn will need to get confirmation and authorisation to spend the £11,000 from George Cunningham as nothing has been received officially yet.
- 4.6 A discussion took place regarding unallocated money that may be available in NEF/Glenrothes CHP. The DAPL bid could potentially be funded if they were prepared to provide a service in the Glenrothes area.

**ACTION: Roslyn to contact Aileen White, NEF, LMHP  
Roslyn to contact Martin at DAPL**

#### 5. **Action Plan**

- 5.1 The LMHP had gone through the Carers Submission previously. Roslyn gave a brief outline on the various issues in the Carers Submission.
- 5.2 This would be a 12 month Action Plan from now until end of March 2009. A discussion took place regarding strategies.
- 5.3 Graham Monteith, CAMHS, is to be contacted again to see if he would like to join the LMHP.

**ACTION: Roslyn**

- 5.4 Oonagh Williamson suggested the ACE Project (Advice, Co-ordination & Empowerment) be included in the Action Plan. Funding for this project comes to an end next month but Les Bissett would like to see this project continued as it meets all the targets for delivering for mental health talking therapies. A discussion followed on whether or not this project was now funded main-stream through psychology.

**ACTION: Oonagh**

- 5.5 Oonagh was sure that Child Psychology will have bids out at the moment but there has been no feedback to as yet. Roslyn asked if Oonagh could take this forward to see if there was a gap in the service.  
**ACTION: Oonagh**
- 5.6 Sharon Rodger suggested CASTT (Central Assessment Support & Treatment Team) who are a small team in Leven working in the community with dementia patients, for the Action Plan.
- 5.7 Sharon also suggested getting Senior Nurses (Band 6) into GP surgeries to provide support for patients whilst waiting to get into treatment. This has been introduced in Glenrothes and is viable.
- 5.8 Another suggestion from Sharon was a Supported Diagnosis Service for early diagnosis, advice, monitoring and a support mechanism for Dementia.
- 5.9 Stuart Pryde said, for the Action Plan, that he will ask for feedback from carers to see what they felt were gaps in services.  
**ACTION: Roslyn will contact DAAT asking if anything that should be on Action Plan for Commitment 13.**
- 5.10 A discussion followed regarding bringing Carers and Staff together for support and it was suggested this could be the focus for the Carers Conference. In West Fife Carers Awareness Training is already happening.
- 5.11 Stuart also reported that in North East Fife a small amount of money is available to provide an Alert Card for emergencies. The plan is to run this for a year to monitor the uptake.
- 5.12 A discussion followed regarding Commitment 13. In West Fife an Addictions Sub-Group feed into the LMHP. Roslyn had been approached by FIRST to ask if there was anything similar in Kirkcaldy & Levenmouth or North East Fife. A specialist sub-group, with key individuals from mainstream services, could be set up to look at particular issues if it was thought that this group would be useful once the action plan was in place.
- 5.13 Roslyn will put together a template for the next meeting on 12 March. It was noted that there is no Service User or GP input yet  
**ACTION: Roslyn & Linda**

## 6. AOCB

Sharon reported that a Peer Support Conference, organised by Chris Muirhead is taking place on 10 April 2008.

**ACTION: Sharon to e-mail Linda details for circulation.**

- 6.1 Dates for the Carers seminars have been provisionally agreed as 1<sup>st</sup>, 15<sup>th</sup> and 29<sup>th</sup> April, 13<sup>th</sup> May 2008 from 5.30 pm – 8.00 pm.

**Dates of future meetings:**

The next two meetings will concentrate on Action Plans.

12 March 2008	Seminar Room, WBH	10.00 am – 12.00 noon
9 April 2008	Seminar Room, WBH	10.00 am – 12.00 noon
28 May 2008	Seminar Room, WBH	10.00 am – 12.00 noon
9 July 2008	Seminar Room, WBH	10.00 am – 12.00 noon
10 September 2008	Seminar Room, WBH	10.00 am – 12.00 noon
26 November 2008	Seminar Room, WBH	10.00 am – 12.00 noon