

KIRKCALDY & LEVENMOUTH CHP

LOCAL MENTAL HEALTH PARTNERSHIP

Date: 9 January 2008

Present:
(10.00 am – 11.30 am) Roslyn M Blair (Chair)
Vera Scotland, Carer Representative
Sharon Rodger, Acting CSM, NHS Fife
Ken Quinn, Senior Nurse, NHS Fife
Dr Chimene Taylor, GP, Methil
Linda Gale (Minutes)

Present:
(11.30 am onwards) John Dow, The Today Group
Stuart Pryde, Fife Families Project
Oonagh Williamson, Psychologist, NHS Fife
Billy Moyes, Barony Housing Association

Apologies: Dr Judith Burgess, Psychiatrist, NHS Fife
Dr Julie Curran, NHS Fife
Amber Higgins, Penumbra

1. Welcome & Apologies

Roslyn welcomed everyone to today's meeting and apologies received are noted above.

2. Allocation of Funding

2.1 Allocation of Health Improvement Fund Monies

Four bids had been received on the wrong template and the group agreed the bids would be accepted on good faith for the correct pot of money. This left only one bid from Contact Point, Barony Housing Association for Health Improvement Fund monies.

A discussion followed regarding the Contact Point bid.

The Contact Point bid was approved but with the following changes noted: (1) As there is a large admin component requested, extensive advertising of the project should be undertaken (2) Bid should accommodate people with mild to moderate mental health problems as well as severe and enduring mental health problems.

2.2 Allocation of Mental Health Implementation Fund Monies

The following 12 bids were scored using the same scoring template for each one.

1. Psychology - Improving Access to Psychological Therapies: Implementing large scale CBT Courses & Group Therapy.
2. Psychology - Kirkcaldy & Levenmouth Book Prescription Scheme.
3. Psychology - Delivering Psychological Therapies to Children in Kirkcaldy/Levenmouth.
4. Drugs & Alcohol Project Levenmouth - Mental Health/Substances Use Project Worker.
5. Frontline Fife - Cornerstone ConneXions.
6. National Schizophrenia Fellowship (Scotland) - Peer Support Project Worker using Psychological Therapies in Hearing Voices Project.
7. Today Group Citizen Advocacy Project
8. Fife Families Support Project – Pilot Project providing Education and Information for Carers of People with Severe and Enduring Mental Illness in the Kirkcaldy & Levenmouth areas.
9. FRAE Fife – Mind the Gap.
10. Kingdom Abuse Survivors Project – Holistic Support Service.
11. LINK – East Fife Mental Health Adolescent Befriending Project.
12. CRUSE Bereavement Care Scotland – Improving Efficiency of Cruse Bereavement Care Scotland (Fife Branch) Services.

The bids were put in order of template score (as noted below) and discussed.

Frontline Fife – Cornerstone ConneXions - (Joint 1st)
Fife Families Support Project - (Joint 1st)
LINK Project
National Schizophrenia Fellowship Scotland
Psychology – Book Prescription Scheme
Psychology – CBT Courses & Group Therapy
Kingdom Abuse Survivors Project

Drug & Alcohol Project Levenmouth
Today Group Citizen Advocacy Project
Psychology – Psychological Therapies to Children
CRUSE Bereavement Care Scotland
FRAE Fife – **Excluded: ability to spend money by 31.03.08**

A discussion then took place regarding whether to put all the eggs in the one basket and support the Cornerstone ConneXions bid or to support 3 bids: LINK, Fife Families Support and NSF.

Roslyn asked that the bid results were not discussed outwith the meeting until all applicants have been informed (by 5 pm today).

ACTION: Roslyn

It was agreed that the successful bids would be: LINK Project, NSF and Fife Families Support (one course + one conference). A deadline for accepting bids will be put forward and if no response is received an emergency meeting will be called.

3. **Local Improvement Targets for Mental Health**

3.1 A concern was raised regarding clashing with the Talking Therapies sub-group in relation to the suggested 10% increase access to Psychological Therapies. It was agreed not to commit to the Psychological Therapies Local Improvement Targets, but put this back to the Talking Therapies group to put forward if they wish.

3.2 After discussion the following LIT's were agreed: (1) Increased opportunities to promote physical health for people with mental health problems and (2) Increased opportunities to promote peer support to facilitate and support individual recovery.

ACTION: Roslyn to inform George Cunningham

4. **Minutes of Previous Meeting**

Passed as a true and accurate record.

5. **Matters Arising**

5.1 The dates of future meetings were amended as agreed.

5.2 Roslyn will circulate minutes from Mental Health SIG meeting when they become available.

6. **AOCB**

6.1 John Dow would like an update from George Cunningham, as Chair of SIG, on action on Pathway Funding Document. It was agreed that Roslyn will raise this at the next SIG meeting and John will put a couple of paragraphs together regarding this point for Roslyn to take to the meeting.

ACTION: John and Roslyn

6.2 Billy Moyes stated that due to work commitments he will be unable to attend future Mental Health SIG meetings. Appointment of an alternative representative will go on the agenda for the next meeting.

ACTION: Roslyn

7. **Dates of future meetings:**

The next two meetings will concentrate on Action Plans.

12 March 2008	Seminar Room, WBH	10.00 am – 12.00 noon
28 May 2008	Seminar Room, WBH	10.00 am – 12.00 noon
9 July 2008	Seminar Room, WBH	10.00 am – 12.00 noon
10 September 2008	Seminar Room, WBH	10.00 am – 12.00 noon
26 November 2008	Seminar Room, WBH	10.00 am – 12.00 noon

Sub-Groups

27 February 2008	Seminar Room, WBH	10.00 am – 12.00 noon
9 April 2008	Seminar Room, WBH	10.00 am – 12.00 noon